



Aberdeen City Health & Social Care Partnership
A caring partnership

A'thegither in Aberdeen



Our Learning Disability Strategy



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Introduction



Aberdeen is home to many people including people with Learning Disabilities.



Sometimes people with Learning Disabilities are not included when plans are made for the people living in Aberdeen.



We need to make sure that people with Learning Disabilities are included in plans.



We want people to know what they can expect from Health and Social Care Services.



To do this we will develop a Learning Disability **Strategy**. A **strategy** is a plan of work.



The strategy will show what we will do to make things better for people with Learning Disabilities in Aberdeen.



The strategy will focus on people's health and care needs.

Our strategy will be for 5 years, 2018-2023.

Aberdeen City Health and Social Care Partnership will write the strategy.



The **Partnership** is the name of the new organisation where Health and Social Care work together.



The Partnership wants to support people who may need more help, be lonely or feel unsafe.

The Partnership wants people to have better, healthier and happy lives.



It is important that we all work together to make this happen.

Who is the strategy for?



This strategy is for people with a **Learning Disability**.

A **Learning Disability** is a lifelong condition that affects people's development.



This means they need help to:

- Understand information.
 - Learn skills.
 - Cope independently.
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People with **Learning Disabilities** can have important roles at home, work and in the community.

Making Connections



In Scotland, there is a **national strategy** for people with Learning Disabilities.

The **national strategy** is called the Keys to Life.



We want a local strategy for the people living in Aberdeen.



There are many new things happening in Aberdeen that people with Learning Disabilities should hear about and be able to take part in.



We want people with Learning Disabilities to have as many chances as other people.

Aberdeen Focus



The Partnership supports many people with Learning Disabilities to manage their health and care needs.



We have different types of services because not all people with Learning Disabilities want or need the same thing.



We need resources to have good services for people with Learning Disabilities.



Resources are things like staff, buildings and money.





We need to use the resources that we have carefully.



We want everyone to help plan how we use the resources.

The Development



We have asked many people about what they think should be in our strategy.

We talked and listened to:

- People with Learning Disabilities.
 - Families/carers.
 - Professionals/workers in Health and Social Care.
 - Organisations that work with people with Learning Disabilities.
 - Organisations that work within Health and Social Care.
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We had meetings.

We held events.

We had online and paper surveys.



We know there are many people who want to be involved and have a say.



We want to keep having conversations about what we can do to make life better for people with Learning Disabilities.

National Priorities



The Keys to Life have 4 national priorities:

- A Healthy Life.
- Choice and Control.
- Independence.
- Active Citizenship.

These priorities are known as **Strategic Outcomes**.

Strategic Outcomes tell us how well we are doing.



The new important areas are:

- Learning.
- Living.
- Working.



In Aberdeen this will mean:

Learning – Helping people with their skills and abilities at any age.



Living – Making Aberdeen a nice place for people with Learning Disabilities to live.



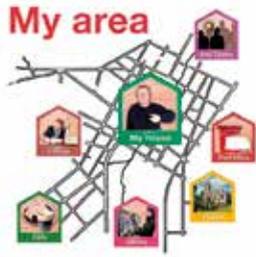
Working – Helping people with Learning Disabilities to get paid work.



We will also think about other things that local people have said are important to them.



Our Vision



We want you to have best use of local services and be part of the community.



We want you to be involved in local activities and groups.



We will work together to help people with Learning Disabilities to be included, listened to and have a say in the community.



We will work together to keep and make better the health and wellbeing of people with Learning Disabilities.

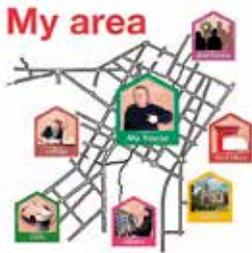


We will give people with Learning Disabilities the support they need at the right time.

Our Priorities

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We have 3 important outcomes in the strategy for people with Learning Disabilities.



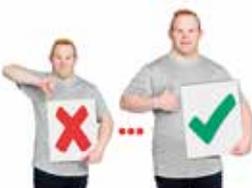
Outcome 1

People feel connected to their communities:

We will look at:



- How people can be welcomed into communities and be involved in activities.
- What different community resources are available and what is needed.
- Housing options for people, including those with higher support needs.
- How people can be involved in the services they receive.





Outcome 2

People will be valued for their contributions and abilities.



We will look at:

- The information resources that are available for people.
- The skills, abilities and experiences people have.
- Ways that people can contribute their experiences and views.
- How people are involved in plans made about them.

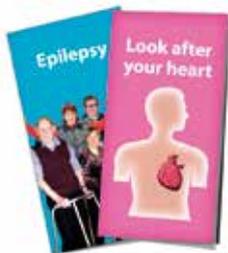




Outcome 3

People will be supported to maintain or improve their health and wellbeing.

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We will look at:

- Promoting ways to have good health.
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- Supporting people to manage long term health conditions
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- Supporting positive wellbeing including mental health.
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- Specialist health conditions and treatments.
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Making it Real: Next Steps



We will develop plan of what we will do next.
This is called an Action Plan.



We will make good changes to the lives of
people with Learning Disabilities in Aberdeen.



We will review the plan to make sure things are
working for people.



You can be involved in the review of how things
are going.

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