



Option 3 – Local Authority arranged support



What is Local Authority arranged support?

Local Authority Arranged Support is when the Council purchases support or services from providers that have contracts with the council. You instruct your practitioner to commission and purchase your social care support on your behalf.

During the assessment and planning process you and your practitioner will have identified your outcomes and support needs and how they can be met. Having discussed the four options available through SDS, you may have reached the decision that Option 3 (Local Authority Arranged Support) suits you best. Your practitioner will discuss the available resources with you to ensure that the right services and support are found to meet your identified outcomes and support needs. They will arrange all services and payments on your behalf.

In cases where the supported person does not have capacity and cannot, or chooses not to, make the decision about how the care and support will be carried out, the supported person can only be offered an option 3.

Additionally, if the supported person does not have capacity to make the decision and has no legal representative to make it for them, the Local Authority will automatically offer Option 3.



What happens if I choose Local Authority Arranged Support?

By choosing Option 3 you have **not** lost choice and control over your support. Your practitioner will still support and engage with you about how you would like your support to be delivered to meet your needs and will keep you informed.

You will be limited to working only with the providers that have contracts with the council.



What services and support can be provided through Local Authority Arranged Support?

Examples of services and support:

- Agency support workers;
- Overnight respite provision;
- Day placement provision;
- Help with social, education or employment activities;
- Personal care.

Your practitioner cannot arrange services for anything that is not identified as an



outcome within your support plan.

Contributing to Your Support



Financial Assessment

A non-residential financial assessment will be completed with you where appropriate to find out if you are in a position to make a financial contribution towards your support. Your practitioner will support you to complete the initial financial assessment. This is known as 'Contributing to Your Support'.

Paying your contribution (if applicable) is your responsibility. Where the council are paying for goods, activities and services on your behalf the net rate will be paid, you must pay your financial contribution personally.

More information on each of the 4 options can be found on the MyLife Portal <https://aberdeencity.mylifeportal.co.uk/home/>. Alternatively, you can contact Aberdeen's Self-Directed Support Team. Email: SDSHelpline@aberdeencity.gov.uk Tel: 01224 52 38 37.