



Option 4 – Mix and Match

With Option 4, you have the flexibility to choose from a mixture of some or all of the other options in a way that will meet your identified outcomes and support needs:

- Direct Payment (Option 1)
- Directing Your Support (Option 2)
- Local Authority Arranged Support (Option 3)

This means that you can choose to have control over some areas of your care and support and not others. You can pick the areas you want to have control over and what you want to leave to the council to decide on your behalf.



How can an option 4 be used?

Example: during the assessment and planning process you may have already identified that Local Authority Arranged Support (Option 3) is meeting most of your assessed outcomes which you are happy with and want to continue using. But you have also identified that you want some staffing support to enable you to participate in community activities. You want to employ a Personal Assistant (Option 1). This then becomes an Option 4 package (because you are using more than one of the available options).

You can choose to mix the options in any way you want; as long as your practitioner agrees that your identified outcomes and support needs will be met.

Your practitioner will provide you with ongoing support in reviewing and managing the chosen options.



How much control do I have over my support if I choose Option 4?

By choosing Option 4 you have **not** lost choice and control over your support. Your practitioner will still support and engage with you about how you would like your support to be delivered to meet your needs and will keep you informed.

You will be limited to working with only the providers that have contracts with the council for the Option 3 part of your package (if any) and may choose other providers for the other options in your package.



Contributing to Your Support



Financial Assessment

A non-residential financial assessment will be completed with you where appropriate to find out if you are in a position to make a financial contribution towards your support. Your practitioner will support you to complete the initial financial assessment. This is known as 'Contributing to Your Support'.

Paying your contribution (if applicable) is your responsibility. Where the council are paying for goods, activities and services on your behalf the net rate will be paid, you must pay your financial contribution personally.

More information on each of the 4 options can be found on the MyLife Portal <https://aberdeencity.mylifeportal.co.uk/home/>. Alternatively, you can contact Aberdeen's Self-Directed Support Team. Email: SDSHelpline@aberdeencity.gov.uk Tel: 01224 52 38 37.